Come and Walk with the Lord and He will Give You Rest

RETREAT INFORMATION
(Keep this portion for your records)

Arrival Time:
6:30 PM

Location:
Immaculate Conception Catholic Church
4497 West 1st Avenue
Hialeah, FL 33012

Group, Family and Friends Mass
11 AM, Sunday

Family and Friends Celebration:
Immediately Following Mass in Mercy Hall

What You Need to Bring to the Retreat:
Personal Items: deodorant, soap, shaver, toothpaste, toothbrush, cologne, ear plugs

Please bring also: comfortable and casual clothing, such as jeans and polo shirts, light sweater, BLACK SLACKS for closing mass.
No shorts, please.

What NOT TO BRING:
Cell phone/pager, computer, newspapers, magazines, work, electronic games, iPods/MP3 players, anything that might distract you from the experience.
The first Emmaus retreat was held in the Archdiocese of Miami, at the Dominican Retreat House, in 1978. It was developed and conducted by a team of laywomen from St. Louis Catholic Church, in Kendall. It has since spread to parishes throughout the Archdiocese of Miami, other cities, states, and even internationally. The retreat is based on the scripture passage found in Luke 24: 13-35, wherein Jesus appears to two disciples who are on the road to Emmaus, after Jesus’ resurrection.

The retreat offers a unique opportunity for personal spiritual growth, simply by discovering a new relationship with God and others. It allows time for reflection and affords the opportunity to meet Jesus on your personal journey. It helps you to focus on your life in a more positive and meaningful way, getting away from the everyday and looking at yourself honestly as a Christian/Catholic. The Emmaus retreat guides you through a series of reflections given by laypersons, focusing on all aspects of life—spiritual, emotional, physical and relational. You will come away with a renewed sense of priorities and values.

The parish offers two retreats for men and two retreats for women per year, held separately. The requested donation is to cover the basic costs of the retreat. However, financial hardships should not stand in the way of becoming closer to God. Please let us know your situation.

**What is an Emmaus Retreat?**
It is a spiritual retreat put on by the parishioners of Immaculate Conception Catholic Church, allowing you time for spiritual growth.

**Is it another one of those programs for saints?**
Not at all. It is a relaxed weekend where you will have a chance to bond with others in a journey of faith.

**What happens during the weekend?**
You will hear talks given by different parishioners from the parish. No lectures, no assignments. Each speaker will be sharing his life in a personal way.

**Why join us at Immaculate Conception Catholic Church?**
You will have the chance to discover a new relationship with God. You will have the chance to make at least 30 new friends… very close ones.

**How long does it last and where is it held?**
The retreat will take place at:
Immaculate Conception Catholic Church
4497 West 1st Avenue
Hialeah, FL 33012
It will begin Friday evening at 6:30
Ends on Sunday after 11 AM mass

**Is there a fee?**
There is a $120.00 donation to cover the basic cost of the retreat, but financial hardship is not to stand in your way to become closer to God. Please let us know of your situation.

Registration is now open. We are expecting a large turn-out of applicants. Please return the completed form with your $120.00 donation to the person that invited you or take it to the Church Rectory office, as soon as possible. Please make check payable to: Immaculate Conception Catholic Church.