## ST. THOMAS THE APOSTLE CATHOLIC CHURCH MEN'S EMMAUS EXPERIENCE

### MEN'S EMMAUS RETREAT #46 – March 20 – 22 2020

The retreat will begin on Friday, March 20, 2020 with registration from 6:00 to 6:30 PM and end on Sunday, March 22, 2020 at 4:00 PM. The entire retreat will take place at St. Thomas the Apostle Catholic Church. Please register at the Family Center and be prompt. We ask that you be dropped off by your loved ones on Friday evening and that they pick you up on Sunday afternoon. If you need further information, please call or email **Carlos Bengochea at (305)297-8057** <u>cbengochea@overseasfwd.com</u>, **Vic Padial at (305)519-6609** - <u>vpadial@hotmail.com or</u>

Address:	City/St	ate: Zip Coo
		Age:
		Church You Attend:
Polo Shirt Size (circle one):	Small Medium Large XL	XXL XXXL
Please Check Sacraments yo Baptism () Reconciliation (	u have received below: [] Holy Eucharist () Confirmatic	on () Matrimony ()
Emergency Contact Informa First Name:		Relationship:
Address:	City/Sate:	Zip Code:
Home Phone:	Cell Phone	E-mail:
		School or CCD? Yes: No: If Children's Grade:
Name:	Relationship:	Children's Grade:
Name:	Relationship:	Children's Grade:
Do you know anyone attend	ing this retreat (Candidate or Team	Member)? Yes: No:If Yes:
Name:	Name:	
Namo	Name:	

Please email this application to <u>mensemmaus@stamiami.org</u>. Together with this application, please submit your donation of \$125.00 or a deposit of \$25.00 to confirm your reservation (with the balance to be paid when you arrive for the retreat on Friday). Payment can be sent to the St. Thomas rectory located at 7377 SW 64<sup>th</sup> Street Miami, FL 33143, delivered to the school office or paid at the retreat registration desk on Friday during check in. Note: if you wish to send your donation by credit card, please email us and we can provide a Credit Card Authorization form. Credit Cards payments will also be accepted at the registration desk. Make checks payable to St Thomas the Apostle or STA. Please do not let your financial situation stop you from attending. Speak with one of the Emmaus Brothers or contact the brothers above for more information.

**Important Note:** Throughout the weekend, we will sleep on mattresses placed directly on the floor. If this presents a physical problem, we will provide you with a fold away. If you have any questions about the weekend, do not hesitate to contact us.

# ST. THOMAS THE APOSTLE CATHOLIC CHURCH MEN'S EMMAUS EXPERIENCE

#### Q. What is Emmaus?

A. Emmaus is a lay retreat put on by men who have themselves experienced the retreat first hand. It is a three-day retreat designed to provide you with a unique opportunity for personal, spiritual growth and allows time for you to disconnect and focus on yourself and your personal relationship with God.

Q. How long does the weekend last?

A. The retreat begins with registration at the St. Thomas the Apostle Family Center, directly across from the Church, with registration between 6:00 PM and 6:30 PM on Friday, March 20, 2020. The retreat concludes at 4:00 PM on Sunday, March 22, 2020, providing you with 46 hours of time for reflection and personal growth.

#### Q. What should I bring?

A. The most important thing is an open mind and an open heart. You will also want to bring comfortable clothes for two days, toiletries (toothbrush, soap, towel, etc.), and any medications you may be taking. Some of the rooms tend to get a little cold, so you may want to also consider a sweater or light jacket. Portions of the retreat will take place outdoors, so make sure to check the weather. You will be provided with a twin size mattress, but will want to bring a pillow and sheets and/ or a sleeping bag. Everything else will be provided.

#### Q. What about food?

A. All food and drink will be provided. When you arrive Friday evening, there will be a light meal for those who will not have had time to grab dinner. If you have any special dietary preferences, food allergies, or any other specific needs, please make sure to let us know ahead of time on the application.

#### Q. How much does Emmaus cost?

A. We request a donation of \$125.00 to help pay for the costs of putting on the retreat. If payment is an issue, please don't let this stop you from coming. No one should fail to attend due to financial reasons.

#### Q. What if I don't have time to attend the retreat?

A. If you don't have time for a weekend for yourself – YOU NEED A WEEKEND FOR YOURSELF!