EMMAUS JOURNEY

Dear Friends,

After so many long months of being bombarded with work, kids, stress, pressure, personal problems, etc., wouldn't you like to step away from it all for a little while so that you can just relax and be at ease by yourself? Wouldn't you like to rest your body and spirit and not have to worry about meeting deadlines or obligations? Wouldn't you enjoy being in the presence of The One who has always loved and accepted you regardless of what you have or have not done? That special someone is Jesus. Jesus is calling you, yes you, by your name, and He's longing for you to come to Him:

"....Come to me all you who work hard and carry heavy burdens and I will refresh you...learn from me that I am gentle and humble of heart; and you will find rest.." (Matthew 11:28, 29)

May I suggest that you come to our Emmaus retreat? You might be asking, "What's a retreat?" An Emmaus retreat is a vacation with the Lord! It's a chance for you to get away from your ordinary routines, your stressful environment, the "busyness" of daily life, so you can rest and be rejuvenated by the Lord. In a retreat, you don't have to worry about anything... all your physical and spiritual needs will be met. The only requirement is that you come with a willingness to spend this time with God and to allow Him to speak to your heart. You'll realize that you're not alone, and will see just how God's loving hands are always at work, whether in your struggles, heartaches or joy.

We have all received many blessings from attending past retreats and now encourage you to also receive the many blessings our Lord has in store for you.

Sincerely,

STS. PETER AND PAUL WOMEN'S EMMAUS #28



Sts. Peter & Paul Catholic Church - Women's Emmaus Retreat #28 MARCH 1, 2 & 3, 2019 <u>REGISTRATION FORM</u>

(Please complete all blanks)

Name:	Nickname	e:	
Address:	City/State:	Zip Code:	
Telephone: (H)	(1	cell)	
E-mail Address:			
Church at which you attend:		Circle one: Married Single	Divorced Widowed
Occupation:	Date of B	Birth (mm-dd-yy):	
Which sacraments have you received	E	Eucharist Matrin	
Religious and/or Community Org	anizations you are active in:		
Are you currently under the care name the condition. In addition, plo kept strictly confidential. If you pre	ease list any medications you	are taking below. (Please not	
Do you any food allergies? If s	o, please specify:		
1) Contact Person (name, phone	e & relationship):		
2) Contact Person (name, phone	e & relationship):		
Do you know anyone (retreatant o	r team member) attending tl	his retreat? (If so, please list n	ames)
Shirt Size: SM:X:	L:XL:	XXL:XXXL:	
Invited by:		Phone	
Return your application and check to th 900 SW 26 th Road Miami, Florida 3312	19 at 5:45 p.m . and will conclude NS after 1/18/19 will not be refu aul Catholic Church . In the mere e person who invited you or send 29, or contact Adriana Trujillo 2	e with Mass at 4:00 PM.on Sunda unded. Please make your tax-dec mo section write: EMMAUS RE' it directly to: Saints Peter & Pau 239-825-4832 or Marlene Romer	y, March 3 rd , 2019, at SEPI. luctible check payable to: TREAT l Catholic Church, 1 786-797-2450.
If you have any questions please send e Please do not bring any valuables or p			
of any valuables during the retreat w			

Sts. Peter & Paul Catholic Church – 28TH Women's Emmaus Retreat

I rejoiced when I heard them say, Let us go to the house of the Lord!

DATE: March 1, 2 & 3, 2019

PLACE: SEPI - 7700 SW 56 STREET, Miami, Florida 33155

- TIME: The Retreat begins at <u>5:45 p.m.</u> on Friday, March 1st, 2019 and ends after the 4:00 p.m. Mass on Sunday, March 3rd, 2019. Please be at the Retreat House <u>NO</u> later than 6:00 p.m. for registration.
- MASS: Sunday March 3rd, 2019, at SEPI. The Mass will formally conclude the retreat.

Your family and friends are welcome to attend, please invite them!

The Emmaus team rejoices that you will be joining us for a weekend of reflection and renewal. If you have no means of transportation to the Retreat House, let us know and we will make the necessary arrangements. We will serve a lite snack upon arrival to retreat house.

You will need the following items for the retreat:

- Blanket
- Toiletries (deodorant, toothpaste, soap, toothbrush, etc.)
- Casual, comfortable and <u>layered</u> clothing (may be hot or cold), sweater recommended
- ALL Medications needed

<u>Please leave all cellular telephones at home!</u>

Please do not bring any valuables or MONEY to the retreat house, as Sts. Peter & Paul and/or the Archdiocese are NOT RESPONSIBLE FOR ANY LOSS OF PERSONAL ITEMS OR VALUABLES!

In case of emergency *only*, you may be reached at 239-825-4832 or 786-797-2450

If you have any questions or concerns, please feel free to call or email: Adriana Trujillo 239-825-4832 at <u>Adriana.trujillov@gmail.com</u> or Marlene Romeu 786-797-2450 or <u>maromeu0221@gmail.com</u>

PLEASE KEEP THIS SHEET