### MESSAGE for high school parents - A SUMMARY OF ADOM COVID POLICY

#### Dear Parents:

Much of the discussions around vaccinations and whether to wear or not wear a facial mask has unfortunately been politicized. However, after much research, including sources such as the American Academy of Pediatrics and the CDC (Center for Disease Control) the Archdiocese of Miami is focused on mitigating as much as possible risks of infection in our churches and schools and has put in place the following policies which will be reviewed weekly and updated when indicated. Vaccinations, masks, social distancing, etc., of course, are not 100% effective but not to attempt to mitigate risks to parishioners and school families would be a failure of pastoral oversight on my part.

Archbishop Thomas G. Wenski Archbishop of Miami

- The ADOM COVID protocol is modeled on CDC guidance and will be revised as needed consistent with any additional guidance from the CDC or FL Department of Health.
- Anyone who is sick should remain at home until symptoms resolve. Please contact the school. Anyone who has been tested for COVID and awaits results, should remain at home. Please contact the school.
- Any exposure to persons with COVID should be reported to the school; student should remain at home until school determines if there is a need for quarantine.
- Any student with a positive diagnosis of COVID should isolate at home and contact the school; the school determine when return to school is safe.

### • MASK REQUIREMENTS:

Masks are optional outdoors, for anyone, regardless of vaccination status; maintain social distance.

Masks are optional indoors for persons fully vaccinated who have provided documentation of the vaccination to the school; maintain social distance of at least 3'.

Masks are required for those not vaccinated age 2 or older except outdoors, when eating or during sports or other vigorous activity.

• TRAVEL REQUIREMENTS --- outside Archdiocese of Miami but WITHIN USA If fully vaccinated, no quarantine requirements.

If not fully vaccinated, quarantine following US travel is required and is the 7-day + PCR protocol or the 10-day protocol without any testing.

• TRAVEL REQUIREMENTS --- INTERNATIONAL

If fully vaccinated, no quarantine required – but PCR testing within 3-5 days of return to US with test results reported to school

If not fully vaccinated, mandated quarantine upon return; use 7-day + PCR testing protocol or the 10-day protocol without any testing.

QUARANTINE PROTOCOL WHEN QUARANTINE IS NECESSARY:

## ADOM PREFERRED: QUARANTINE 7 DAYS + PCR and caution until 14th day

6 full days of quarantine - then

Testing no sooner than day 6 or later, PCR test required quarantine continued until NEGATIVE results received quarantine must include at least 7 full days present negative results to supervisor/school

return to normal life after negative results and completion of 7 full days of quarantine EXTRA caution for 7 more days/monitor symptoms for full 14 days' incubation period

# IF ELECTING NOT TO TEST: QUARANTINE 10 DAYS and caution until 14th day

10 full days of quarantine

NO testing

Return to normal life after 10 full days of quarantine if NO symptoms have begun EXTRA caution for 4 more days/monitor symptoms for full 14 days' incubation period

#### • ISOLATION WHEN A POSITIVE DIAGNOSIS IS RECEIVED:

If asymptomatic: a minimum of 10 days' isolation; NO TESTING NEEDED TO RETURN If symptomatic: a minimum of 10 days' isolation and return only after symptoms are resolved. NO TESTING NEEDED TO RETURN.

#### • PARTICIPATION IN HIGH SCHOOL ATHLETICS

To participate on a high school athletic team, negative PCR test result (at site selected by student) is required weekly. Athletes may opt out of weekly testing if they document they are fully vaccinated or, within the 90-days post recovery, document natural immunity via a positive diagnosis.

- IF FULLY VACCINATED AND DOCUMENTATION IS PROVIDED TO THE SCHOOL:
  - Masks are not required outdoors; masks are not required indoors for the fully vaccinated. Student may opt out of weekly testing in order to participate in school athletics. No quarantine needed following international travel, however testing is required. No quarantine or testing needed following travel in USA.
  - No quarantine needed if close contact to someone who is contagious but should be tested 3-5 days after the exposure AND a mask worn for up to 14 days or until a negative test result is received. However, if symptomatic, then isolation of a minimum of 10 days is needed.
- IF THE STUDENT HAD POSITIVE COVID DIAGNOSIS WITHIN PRIOR 90 DAYS Natural immunity following recovery can be documented with positive test results Masks are not required outdoors; during 90 days after recovery, masks are not required indoors.

Student may opt out of weekly testing in order to participate in school athletics within the 90-day post recovery period.

If documented, no quarantine needed following travel with US within the 90-day post recovery period.

If documented, no quarantine needed following close contact to someone who is contagious within the 90-day post recovery period. However, if symptomatic, then isolation is needed.

Revised: August 5, 2021